

Are Implants right for me?

If you feel embarrassed or uncomfortable about gaps in your smile, missing teeth, dentures that are loose or unexpectedly drop down or you are unable to chew properly, yet you feel you deserve the best of today's modern restorative dentistry can provide, dental implants may be the solution. Whether you have lost all your teeth, a few of them, or even just one tooth, dental implants should be considered as an option for your oral rehabilitation program.

The consultation with the dentist will clarify what type of treatment you require. This document will set out some of the issues for you to consider prior to your consultation, and to make sure you have all the information available at hand, so that the appointment is productive.

This quick quiz should give you at least an indication if implants may be suitable for you.

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|-----|---|-----|----|
| 1. | Do you smoke | YES | NO |
| 2. | Do you have bleeding gums | YES | NO |
| 3. | Do you have any mobile teeth | YES | NO |
| 4. | Do you grind your teeth | YES | NO |
| 5. | Did you lose your tooth/teeth due to gum disease? | YES | NO |
| 6. | Do you have diabetes | YES | NO |
| 7. | Do you brush twice a day, every day | YES | NO |
| 8. | Do you floss your teeth daily | YES | NO |
| 9. | Do you go to the dentist every 6 months for check ups | YES | NO |
| 10. | Are you medically fit and healthy | YES | NO |

Questions 1 to 6

For every NO, count 1 point

Questions 6 to 10

For every YES, count 1 point

If your score was

7 – 10 Seems likely that are implants may be a good option for you, and we encourage you to explore further.

4 – 6 Working closely together, we may be able to assist you with dental implants for your situation.

0 – 3 Implants sound easy and great, but **may not** be a realistic option for you. A consultation will explain why.

So pick up the phone and give us a call to make an appointment to see Dr Adam Mattsson or Dr Kris Rajan, to discuss if implants are right for you.

Hampstead Dental

Western Implant Centre

Suite 2, 44 Hampstead Rd, Maidstone 3012
email info@hampsteaddental.com.au

Ph 03 9318 5599 Fax 03 9318 5211
www.HampsteadDental.com.au